

# 7 Habits of Highly Effective Kids

From: *The Leader in Me* by Stephen Covey

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## 1. Be Proactive

I have a "Can Do" attitude. I choose my actions, attitudes and moods. I don't blame others. I do the right thing without being asked, even if nobody is looking.

## 2. Begin With the End in Mind

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my school. I look for ways to be a good citizen.

## 3. Put First Things First

I spend my time on things that are most important. This means I say no to things I should not do. I set priorities, make a schedule, and follow my plan. I am organized.

## 4. Think Win-Win

I want everyone to be a success. I don't have to put others down to get what I want. It makes me happy to see other people happy. I like to do nice things for others. When a conflict arrives, I help brainstorm a solution. We all can win!

## 5. Seek First to Understand

I listen to other people's ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas.

## 6. Synergize

I value other people's strengths and learn from them. I get along well with others, even people who are different from me. I work well in groups. I seek out other people's ideas to solve problems. I know that "two heads are better than one". I am a better person when I let other people into my life and work.

## 7. Sharpen the Saw

I take care of my body by eating right, exercising, and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places.